



**Ogwr Karate
Association**



QUARTERLY CLUB NEWS BULLETIN

GRADING RESULTS

Kyu gradings were held at the Aberkenfig Dojo in Dec 2015, great effort by all in attendance – 100% pass rate. The hard work does pay off!! Belts Achieved range from 9th Kyu Red to 1st Kyu Brown. Again great support/attendance by the parents.



Grading panel for the event was Sensei Colin Medway 5th Dan, Gavin Davies & Simon Burford 2nd Dan. The next Kyu Gradings will take place at the end of February and then in May.



KEEP UP THE HARD WORK



Special congratulations for two club members, Simon Burford for achieving his 2nd Dan Black Belt and for Matthew Vivian for completing his 1st Dan. Their hard work and perseverance for these prestigious Dan Grading awards were well and truly deserved.

Thanks must go to my very good friends and Senior Karateka Instructors from Taibach Karate Club - Darryl John 5th Dan and Chris John 4th Dan for helping out on the Dan Grade Panel.

MARCH 2016

UP AND COMING EVENTS/NEWS

- **WKGB Competitions:-**
 - WELSH CLOSED KUMITE & KATA 20th MARCH 2016
 - WELSH JUNIOR OPEN KUMITE & KATA 19th JUNE 2016
 - WELSH OPEN KUMITE & KATA 20th NOV 2016
(ALL AT SOPHIA GARDENS, CARDIFF)
- **Referee Courses:-**
 - 2ND JULY 2016 – VENUE TO BE ARRANGED
 - 17TH SEPT 2016 – VENUE TO BE ARRANGED
- **Squad Training:-**
 - 13TH MARCH 2016 9AM – 12AM SQUAD & EKF SNR SELECTION
 - 15TH MAY 2016 10AM – 12AM SQUAD
 - 17TH JULY 2016 9AM – 12AM SQUAD & WKF SNR SELECTION
 - 4TH SEPT 2016 10AM – 12AM SQUAD
 - 27TH NOV 2016 9AM – 12AM SQUAD AND EKF JNR SELECTION
- **WKF/EKF/BKF Competitions:-**
 - MAY 2016 – FRANCE EKF SNR
 - 28TH MAY 2016 – GLASGOW BKF 4 NATIONS CLOSED
 - 10TH SEPT 2016 – GLASGOW BKF OPEN
 - OCT 2016 – AUSTRIA WKF SNR

If you would like to enter any of the above competitions please contact me for information and entry forms.

Yours in Karate

Sensei Colin Medway 5th Dan